

# It's Time to Take Berries Seriously



### What is a Berry?

A berry is a simple fruit with seeds and a fleshy, edible pulp. Both the seeds and the pulp of berries have health benefits.







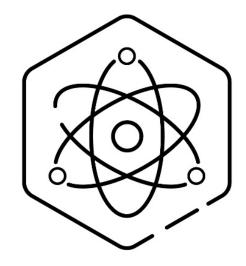


## What Makes Berries So Great? Polyphenols.

- Berries are rich in antioxidant polyphenols: anthocyanins, flavonols, and phenolic acids
- Berry intake is associated with support for
  - -Immune
  - Heart
  - Brain
  - Blood sugar
  - Mood and mental health
  - Healthy aging

## What Exactly are Polyphenols?

- Compounds from plants
- Over 8,000 identified polyphenols
- All polyphenols are anti-oxidants



### **Next Most Important Nutrient Group After a Daily Multiple**

- Who needs more polyphenols? \*Everyone\*
- Especially those who don't eat varied types of fruits and veggies, or have limited or special diets (KETO)
- Anyone concerned about
  - Aging
  - Heart Health
- Or anyone facing nutrient intake challenges

**APPLE** 

**CURCUMIN** 

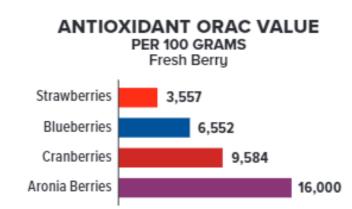
OLIVE

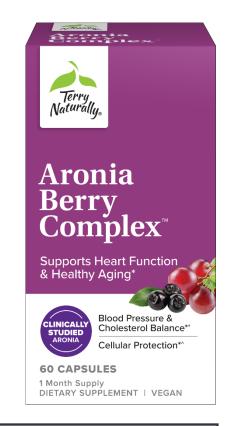
**GREEN TEA** 

**GRAPE SEED** 

## **Aronia Berry Complex**

- Clinically studied aronia extract AB40™
  - Standardized to 40% polyphenols
  - High ORAC antioxidant value
- Paired with French Grape Seed Extract VX1
  - Six scientific studies
  - Standardized for OPCs, never adulterated







Dr Goel's research found the combination provided more potent cellular immune support than aronia or OPCs on their own.\*

Recommendations: 1 capsule twice daily.

†Supports healthy levels already within normal range

#### SUPPLEMENT FACTS

Serving Size: 1 Capsule Servings Per Container: 60

Amount Per 1 Capsule (Veg):

%DV

Proprietary Complex

200 mg

Aronia (Aronia melanocarpa) Berry Extract (AB40<sup>™</sup>) standardized to  $\geq$  40% total polyphenols French Grape (Vitis vinifera) Seed Extract (VX1®) standardized to contain ≥ 99% polyphenols and ≥ 80% OPCs (Tannin Free)

\*\* Daily Value (DV) not established.

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

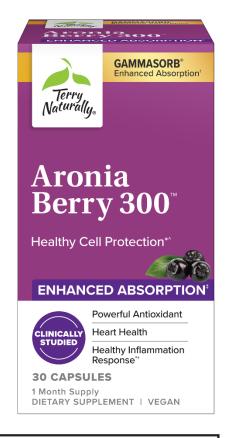
## **Aronia Berry 300**

- Aronia berry extract standardized for polyphenol content
- Scientifically supported
  - Human clinical trials
  - -Three new studies by Ajay Goel on cellular immune effects
- Featuring the GammaSorb delivery system
- Support for cellular health, heart health, and a healthy inflammation response\*†

Recommendations: 1 capsule daily.

Occasional inflammation due to exercise or overuse.





#### **SUPPLEMENT FACTS**

Serving Size: 1 Capsule

Servings Per Container: 30

Amount Per 1 Capsule (Veg):

300 mg

%DV

Aronia (*Aronia melanocarpa*) Berry Extract (AB40<sup>™</sup>) standardized to  $\geq$  40% total polyphenols

\*\*Daily Value (DV) not established.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



#### **Clinical OPC**

- Always grape seed, never adulterated!
- Standardized to contain ≥ 99% polyphenols and ≥ 80% OPCs (Tannin free)
- Five published scientific studies
- Five time winner of a Vity Award including the last 4 consecutive years!
- Three different dosages:
  - 150 and 300 mg capsules
  - 400 mg softgel







#### SUPPLEMENT FACTS

Serving Size: 1 Capsule Servings Per Container: 60

Amount Per 1 Capsule (Veg):

%DV

French Grape (Vitis vinifera)

Seed Extract (VX1®)

150 mg

Standardized to contain ≥ 99% polyphenols and

≥ 80% OPCs (Tannin Free)

\* Daily Value (DV) not established

#### ViraPro

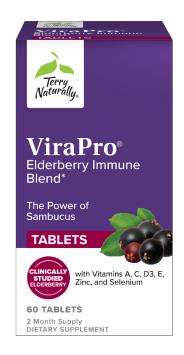
- Clinically studied elderberry at the validated dose of 600 mg daily (2 tablets)
- Plus additional nutrients central to immune system function\*
  - Selenium and vitamin D3
  - Premium zinc source TRAACS zinc bisglycinate chelate
- Demand for elderberry creating increased amount of adulteration issues - ViraPro is guaranteed elderberry never adulterated

Scored tablet for divided dosing!

Recommendations: 1 tablet daily.

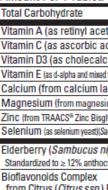


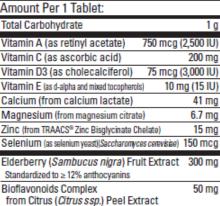




%DV

1 q < 1%





SUPPLEMENT FACT Serving Size: 1 Tablet Servings Per Container: 60



### **Pomegranate Seed Oil**

- Unique combination of pomegranate seed oil <u>and</u> pomegranate fruit extract
  - Seed oil standardized for omega-5 fatty acid
  - Fruit extract standardized for polyphenols and ellagic acid
- Ideal for heart and hormonal support\*
  - Healthy heart, arteries and blood sugar balance\*†
  - Supports healthy hormone levels and activity, including estrogen, testosterone, and aromatase\*†
- The benefits of pomegranate without the sugar and calories found in juice

Recommendations: 1 softgel, once or twice daily

†Supports healthy levels already within normal range

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# SUPPLEMENT FACTS Serving Size: 1 Softgel Servings Per Container: 60

Amount Per 1 Softgel: %DV

Total Carbohydrate <1 q <1%<sup>†</sup>

Proprietary Blend 600 mg \*\*\*
Containing Organic Pomegranate (*Punica granatum*)
Seed Oil by supercritical CO₂ extraction standardized
for ≥ 60% punicic acid, Pomegranate (*Punica granatum*)
Fruit Extract standardized for ≥ 60% polyphenols and

\*\*Daily Value (DV) not established.

≥ 15% ellagic acid

†Percent Daily Values (DV) are based on a 2,000 calorie diet.