



Options for Pain Relief*†



†Occasional muscle pain due to exercise or overuse

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CuraMed ENHANCED ABSORPTION Curcumin

- MORE than curcumin. Only patented delivery system with turmeric essential oils and ar-turmerone
- 50+ patents world-wide
- Now with over 90 published studies including 43 human clinical trials
- Free of harmful solvents
- Sustainably produced and ethically acquired
- **500 mg of full spectrum curcumin in the 750 mg softgel:** (curcumin, demethoxycurcumin, bisdemethoxycurcumin) with superior absorption versus standard curcumin



CuraMed Acute Pain Relief*†

- Little red pill, big results!
 - 40% of Americans have problems swallowing pills
- Fast-dissolving liquid gels[^]
- New, clinically proven delivery system featuring black sesame seed oil
 - *plus* the most clinically studied, bioavailable curcumin on the market and a unique boswellia extract (BCM-95[®] and BOS-10[®])

**Best product launch in company history (2020).
Now a Top 5 product for Terry Naturally!**



SUPPLEMENT FACTS

Serving Size: 2 Liquid Gels
Servings Per Container: 30

Amount Per 2 Liquid Gels:	%DV
Calories	10
Total Fat	0.5 g < 1% [†]
Total Carbohydrate	0.5 g < 1% [†]

Proprietary Complex 1,000 mg **
Black Sesame (*Sesamum indicum*) Seed Oil,
Curcumin (*Curcuma longa*) Rhizome Extract
(BCM-95[®]/Curcugreen[®]) enhanced with turmeric
essential oil and standardized for curcuminoid
complex (curcumin, demethoxycurcumin and
bisdemethoxycurcumin), Boswellia (*Boswellia*
serrata) Gum Resin Extract (BOS-10[®]) standardized
to contain ≥ 70% total organic and boswellic acids
with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids.

**Daily Value (DV) not established
†Percent Daily Values (DV) are based on a 2,000 calorie diet

Recommendations: Take 2 liquid gels once daily. If needed, may take 2 liquid gels twice daily.

[†]Occasional muscle pain due to exercise or overuse

[^]Ruptures in less than 15 minutes meeting the United States Pharmacopeia test specifications

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Curamin

Curamin Extra Strength

18 Years
of Success

Four Ingredient Formulas for the relief of pain*†

- **BCM-95** curcumin and **BOS-10** boswellia, plus **DLPA** and **nattokinase**
- **Multi award-winning product family** (36 awards and counting)
- **Millions of bottles sold**
- **Safe and effective**



Capsules



Extra Strength
Tablets

Recommendations: Take three capsules daily. May take as one capsule three times daily.

†Occasional muscle pain due to exercise or overuse

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PEA

- **Combination of ingredients for an active life**
 - PEA (palmitoylethanolamide) shown in clinical studies to relieve pain
 - Serratiopeptidase reduces inflammation
- **Together, provide support for**
 - Mobility and joint health
 - Mood
 - Exercise recovery
 - Microcirculation
 - Mental function and cognitive health
- **Featuring GammaSorb for enhanced absorption**

Recommendations: 1 or 2 capsules daily.

† Occasional muscle pain or inflammation due to exercise or overuse

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SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per 2 Capsules (Veg):		%DV
Palmitoylethanolamide (PEA)	600 mg	**
Serratiopeptidase	20 mg	**

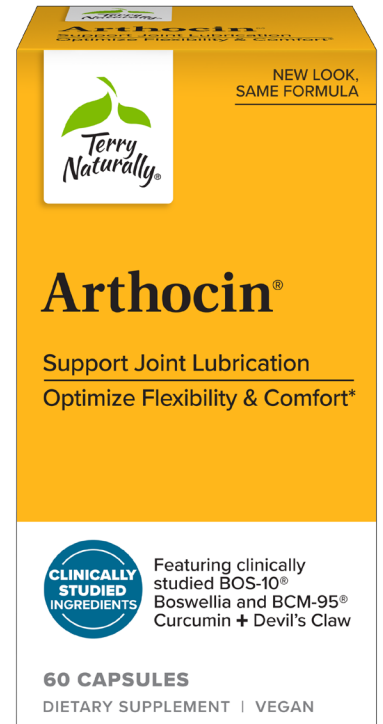
**Daily Value (DV) not established.

Arthocin

- Three proven ingredients for joint lubrication and flexibility*
- Each botanical standardized to its key compounds
 - Curcumin: curcuminoids
 - Boswellia: AKBA
 - Devil's claw: harpagosides
- Can be combined with Curamin® for optimal results

Recommendations: 1-2 capsules, twice daily.

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SUPPLEMENT FACTS		
Serving Size: 2 Capsules		
Servings Per Container: 30		
Amount Per 2 Capsules (Veg):		%DV
Proprietary Formula	800 mg	**
Containing Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10™/BosPure®) standardized to contain ≥ 70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen™) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin, and bisdemethoxycurcumin), Devil's Claw (<i>Harpagophytum procumbens</i> , <i>Harpagophytum zeyheri</i>) Root Extract standardized to contain ≥ 20% harpagosides		
** Daily Value (DV) not established		

Healthy Knees & Joints™

- **Knee comfort and joint flexibility***
 - Supports our “shock absorbers” – joint cartilage*
- **Clinically tested curcumin and boswellia**
 - 93% of participants reported improvement
 - No serious adverse effects
- **Fructoborate – plant mineral complex with boron**
 - Clinically studied for joint flexibility and comfort*
 - Increased vitamin D absorption by almost 20%*
 - Supports healthy bone strength and formation*

Recommendations: 3 capsules daily. For best results, take one capsule with each meal

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SUPPLEMENT FACTS

Serving Size: 3 Capsules
Servings Per Container: 20

Amount Per 3 Capsules (Veg):		%DV
Total Carbohydrate	1 g	< 1%†
Vitamin D3 (as cholecalciferol)	75 mcg (3,000 IU)	375%
Proprietary Complex	1,560 mg	**
Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥ 70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Boron (as calcium fructoborate)		

**Daily Value not established

†Percent Daily Values are based on a 2,000 calorie diet

Tart Cherry

- **Healthy joints and uric acid levels*†**
 - Flexibility and comfort
 - Recovery after exercise*
- **Source of antioxidant anthocyanins and other flavonoids**
 - Multiple studies have found that oxidative stress decreases/antioxidant levels increase after tart cherry consumption*
- **Benefits of cherry without the sugar found in juices**
 - Additionally: Anthocyanin levels vary significantly in juice, and decline steadily over the shelf life of juice products

Recommendations: 1 or 2 capsules, twice daily.

†Supports healthy levels already within normal range

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SUPPLEMENT FACTS		
Serving Size: 2 Capsules		
Servings Per Container: 60		
Amount Per 2 Capsules (Veg):		%DV
Calories	5	
Total Carbohydrate	1 g	< 1%†
Tart Cherry (<i>Prunus cerasus</i>)		
Fruit Powder	1,000 mg	**
Standardized to contain ≥ 0.1% anthocyanins		
**Daily Value not established †Percent Daily Values are based on a 2,000 calorie diet		

Muscle Relax^{*†}

- **Relieves occasional nighttime leg cramps**
 - helps legs relax and rest at night^{*†}
- **Calms the nervous system** and supports healthy nerve signaling^{*}
- **5 to 1 ratio of calcium to magnesium**, to replenish calcium lost from soft tissues due to exertion, stress, and excessive sun exposure^{*}



SUPPLEMENT FACTS

Serving Size: 3 Capsules

Servings Per Container: 20

Amount Per 3 Capsules (Veg):	%DV	
Calcium (from calcium lactate)	250 mg	25%
Magnesium (from magnesium citrate)	50 mg	12%
Zinc (from zinc gluconate)	6 mg	40%

Recommendations: Adults: 3 capsules daily. Children (ages 4-12): 1-3 capsules daily.

[†]Relief of occasional muscle cramps due to exercise or overuse

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Healthy Feet & Nerves

*supports healthy nerve function in the feet and throughout the body**

- **Supports key areas for healthy nerve function***
 - Blood sugar metabolism*
 - Circulation*
- **Bioactive Bs and Chelated minerals**
 - Active B6, B12 and folate – no conversion by the liver necessary
 - Mineral chelates for optimal absorption
- **High dose alpha lipoic acid**
 - 600 mg per 4 capsules
 - Clinically studied dosage level

Recommendations: 2 capsules twice daily.

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SUPPLEMENT FACTS

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per 2 Capsules (Veg):	%DV
Thiamin (B1) (from thiamin HCl)	25 mg 2,083%
Riboflavin (vitamin B2)	25 mg 1,923%
Niacin (as niacinamide)	10 mg 63%
Vitamin B6 (as pyridoxal-5-phosphate)	30 mg 1,765%
Folate (from (6S)-5 methyltetrahydrofolic acid, glucosamine salt) [†]	425 mcg DFE (250 mcg) 106%
Vitamin B12 (as methylcobalamin)	500 mcg 20,833%
Biotin (as d-biotin)	1,000 mcg 3,333%
Pantothenic Acid (from d-calcium pantothenate)	200 mg 4,000%
Zinc (from TRAACS™ zinc glycinate chelate)	10 mg 91%
Chromium (from TRAACS™ chromium nicotinate glycinate chelate)	200 mcg 571%
Alpha Lipoic Acid	300 mg **
Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥ 70% total organic and boswellic acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids	100 mg **
Benfotiamine	50 mg **

**Daily Value (DV) not established.

[†]US Patent No. 7,947,662

PEA

- **Combination of ingredients for an active life**
 - PEA (palmitoylethanolamide) shown in clinical studies to relieve pain
 - Serratiopeptidase reduces inflammation
- **Together, provide support for**
 - Mobility and joint health
 - Mood
 - Exercise recovery
 - Microcirculation
 - Mental function and cognitive health
- **Featuring GammaSorb for enhanced absorption**

Recommendations: 1 or 2 capsules daily.

† Occasional muscle pain or inflammation due to exercise or overuse

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SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per 2 Capsules (Veg):		%DV
Palmitoylethanolamide (PEA)	600 mg	**
Serratiopeptidase	20 mg	**

**Daily Value (DV) not established.

Curamin[®] Nighttime

Nighttime Pain^{†}*

- **Sleep Your Pain^{*†} Away!**
 - No grogginess or sleep hangovers
 - Take 30 minutes before bedtime to promote peaceful sleep*
- **Pain^{*†} Relief**
 - Clinically studied curcumin and boswellia
 - DLPA and nattokinase support mood and circulation*
- **Sleep Support***
 - Melatonin regulates sleep
 - P-5-P supports serotonin levels, which influences healthy sleep/wake cycles*



SUPPLEMENT FACTS

Serving Size: 2 Capsules		
Servings Per Container: 15		
Amount Per 2 Capsules (Veg):		%DV
Calories	10	
Total Fat	0.5 g	< 1% [†]
Total Carbohydrate	1 g	< 1% [†]
Vitamin B6 (as pyridoxal-5-phosphate)	60 mg	3,529%
Proprietary Complex	1,400 mg	**
DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥ 70% total organic and boswellic acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin)		
Melatonin	5 mg	**

**Daily Value (DV) not established. †Percent Daily Values (DV) are based on a 2,000 calorie diet.

Recommendations: 1 to 2 capsules, preferably 30 minutes before bedtime.

†Occasional muscle pain due to exercise or overuse

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Curamin Headache*†

- **Relief for headaches*†**
 - Relives headaches due to occasional stress, fatigue, PMS, or menopause*
- **Best of Curamin plus targeted ingredients for headache pain*†**
 - Curcumin, boswellia, and DLPA from original Curamin
 - Plus nutrients shown in clinical studies to relieve headache pain: Vitamin B6 and Magnesium*†
- **Maintains neurotransmitter activity***
 - Supports healthy serotonin production and activity in the brain*



SUPPLEMENT FACTS

Serving Size: 3 Tablets Servings Per Container: 7

Amount Per 3 Tablets:		%DV
Calories	20	
Total Fat	1g	1%†
Total Carbohydrate	1.5 g	< 1%†
Protein	1.5 g	3%†
Vitamin B6 (as pyridoxal-5-phosphate)	90 mg	5,294%
Magnesium (from TRAACS™ magnesium bisglycinate chelate, magnesium oxide)	300 mg	71%
Proprietary Complex	1,650 mg	**
Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥ 70% total organic and boswellic acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, DLPA (DL-phenylalanine), Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin, and bisdemethoxycurcumin)		

**Daily Value (DV) not established. †Percent Daily Values (DV) are based on a 2,000 calorie diet.

Recommendations: Take 3 tablets daily.

†Occasional headaches due to occasional stress or fatigue.

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Curamin Low Back

- **Relief for Low Back Pain*†**
 - Relieves muscle pain in the low back*†
- **Best of Curamin plus targeted ingredients for back pain*†**
 - Curcumin, boswellia, and DLPA from original Curamin
 - Plus targeted botanicals shown in clinical studies to relieve low back pain: white willow and devil's claw*†
- **Supports healthy cartilage, including the natural cushion of the spine***

Recommendations: 3 capsules daily. May take 1 capsule, 3 times per day

†Occasional low back muscle pain due to exercise or overuse

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SUPPLEMENT FACTS

Serving Size: 3 Capsules
Servings Per Container: 20

Amount Per 3 Capsules (Veg):		%DV
Calories	15	
Total Fat	1 g	1%†
Total Carbohydrate	1 g	< 1%†
Protein	0.5 g	1%†

Proprietary Complex 2,325 mg **
DLPA (DL-phenylalanine), Boswellia (*Boswellia serrata*)
Gum Resin Extract (BOS-10®) standardized to contain ≥ 70%
total organic and boswellic acids with AKBA ≥ 10%, with
≤ 5% beta-boswellic acids, White Willow (*Salix spp.*) Bark
Extract standardized to contain ≥ 15% salicin, Curcumin
(*Curcuma longa*) Rhizome Extract (BCM-95®/Curcugreen®)
enhanced with turmeric essential oil and standardized for
curcuminoid complex (curcumin, demethoxycurcumin and
bisdemethoxycurcumin), Devil's Claw (*Harpagophytum*
procumbens, *Harpagophytum zeyheri*) Root Extract
standardized to contain ≥ 20% harpagosides

**Daily Value (DV) not established
†Percent Daily Values (DV) are based on a 2,000 calorie diet

Traumaplant

- Clinically proven comfrey cream
- Easy to Use
 - Non-staining and non-greasy
 - Herbal scent
- Ideal for adults and kids (ages 4 and up)
- PA free!
 - Extracted from the flowers and leaves, free of *pyrrolizidine alkaloids*, naturally occurring plants compounds harmful to the liver



**20 published studies including
4 randomized, double-blind trials**

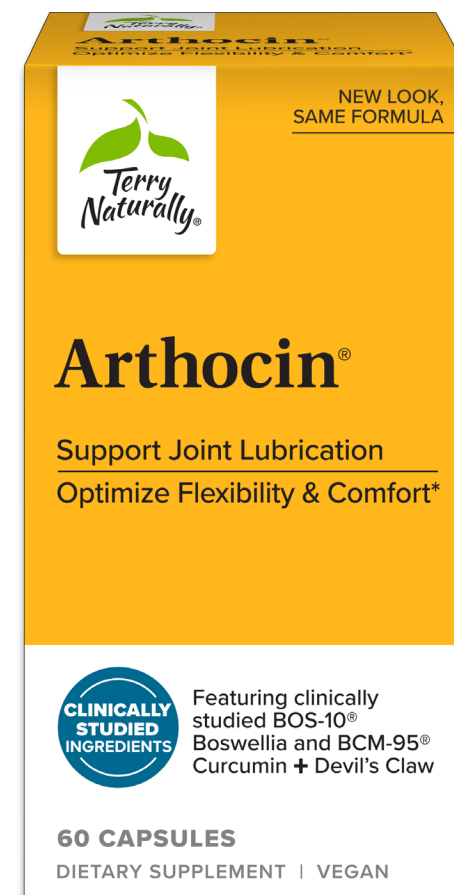
Directions: Apply liberally several times daily, or as often as desired.

Three options (vegan) that can be used separately or in a combination...

Start with:



Add on:

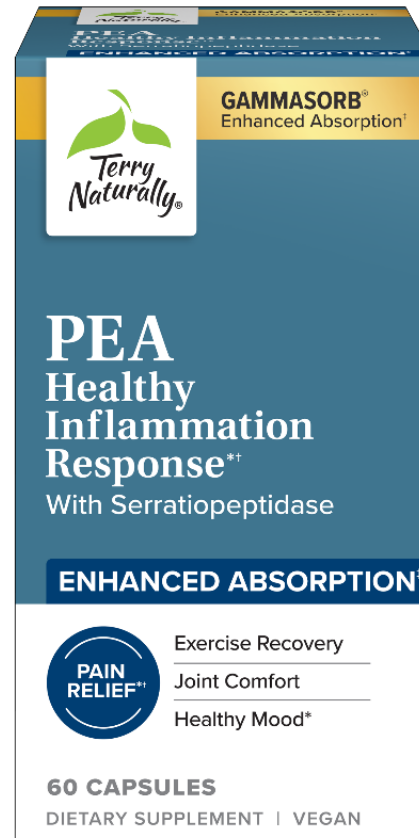


Options for Nerve Support

Start with:



Add on:



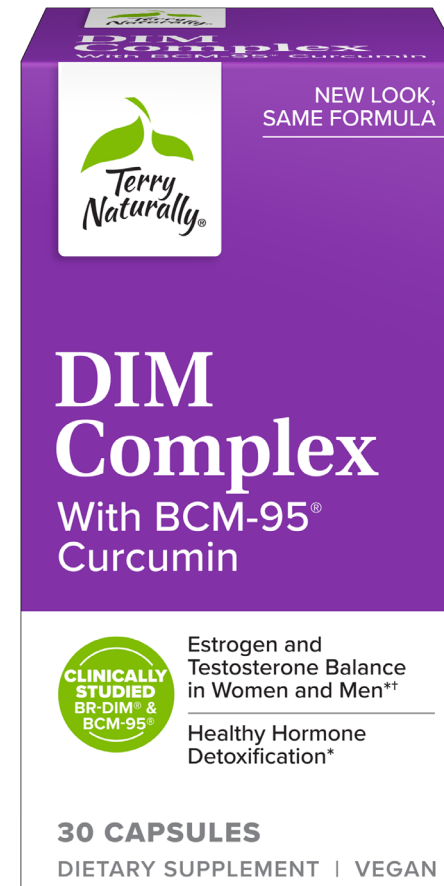
Don't forget to mention that all Terry Naturally products are supported by a money-back guarantee!

For menstrual cramps suggest:

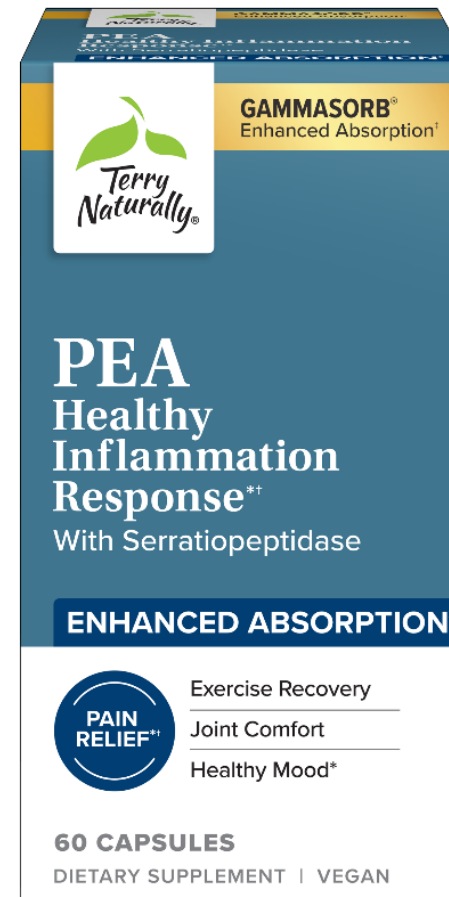
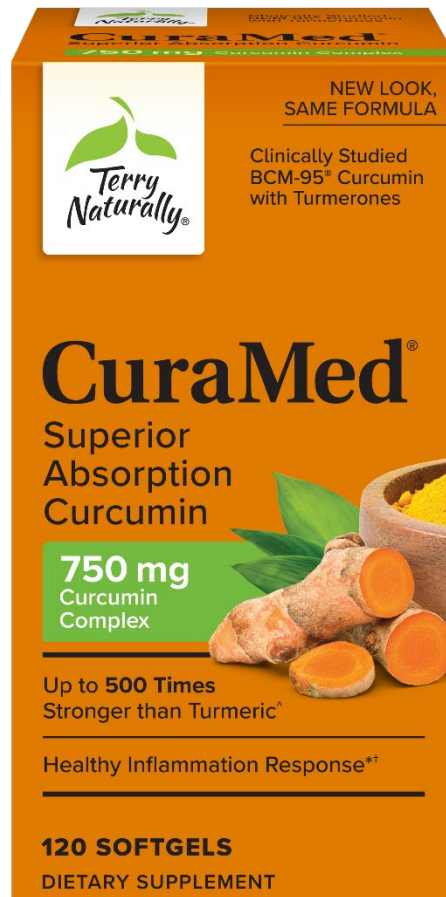
Start with:



Add on:



For inflammation suggest:



These are the leading products in the Terry Naturally line

- Efficacy
- Value
- Safety

