

The Experts Speak Mental Health





High Absorption Curcumin



CuraMed ENHANCED ABSORPTION Curcumin

- MORE than curcumin. Only patented delivery system with turmeric essential oils and ar-turmerone
- 50+ patents world-wide
- Over 90 published studies including 43 human clinical trials
- Free of harmful solvents
- Sustainably produced and ethically acquired
- **500 mg of full spectrum curcumin in the 750 mg softgel:** (curcumin, demethoxycurcumin, bisdemethoxycurcumin) with superior absorption versus standard curcumin



2:1 ratio of DHA to EPA

- Vectomega is produced from the head of the salmon
- 2:1 ratio of DHA to EPA , matching the human brain which has higher amounts of DHA to EPA
 - Ideal for mood and brain function
- Omega fatty acids from the body of the fish are the opposite ratio – higher in EPA than DHA



Vectomega

Omega-3 Fatty Acid Complex from Salmon

- **The Smart Choice!**

- Better than fish or krill oil
- Great stability = zero rancidity
- No concerns with toxins, heavy metals or contaminants

- **Bioidentical Omega 3s plus phospholipids**

- EPA and DHA in original positions
- Chemical-free extraction uses only water and enzymes

- **Consumers Love It!**

- Just 1 or 2 tablets or capsules per day
- No fish burps or aftertaste



SUPPLEMENT FACTS	
Serving Size: 1 Capsule	
Servings Per Container: 60	
Amount Per 1 Capsule (Veg): %DV	
Omega-3 Phospholipid	214 mg **
Peptide Complex	
Featuring Phospholipids, Omega-3 [DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid)] and bioactive peptides extracted from Atlantic Salmon (<i>Salmo salar</i>), in a balanced ratio as found in salmon; not chemically altered or artificially spiked with DHA/EPA	
**Daily Value (DV) Not Established	



SUPPLEMENT FACTS	
Serving Size: 1 Tablet	
Servings Per Container: 60	
Amount Per 1 Tablet: %DV	
Omega-3 Phospholipid	292 mg **
Peptide Complex	
Featuring Phospholipids, Omega-3 [DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid)] and bioactive peptides extracted from Atlantic Salmon (<i>Salmo salar</i>), in a balanced ratio as found in salmon; not chemically altered or artificially spiked with DHA/EPA	
**Daily Value (DV) Not Established	

Recommendations: 1 tablet or capsule daily, may increase to 1 tablet or capsule twice daily for additional support.

PEA



- **Combination of Ingredients for Mood and More!**
 - PEA (palmitoylethanolamide) shown in clinical studies to relieve pain*†
 - Serratiopeptidase reduces inflammation*†
- **Together, provide support for**
 - Mobility and joint health
 - Mental health
 - Exercise recovery
 - Microcirculation
 - Mental function and cognitive health*
- **Featuring GammaSorb for enhanced absorption**

Recommendations: 1 or 2 capsules daily.

† Occasional muscle pain or inflammation due to exercise or overuse

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per 2 Capsules (Veg):		%DV
Palmitoylethanolamide (PEA)	600 mg	**
Serratiopeptidase	20 mg	**

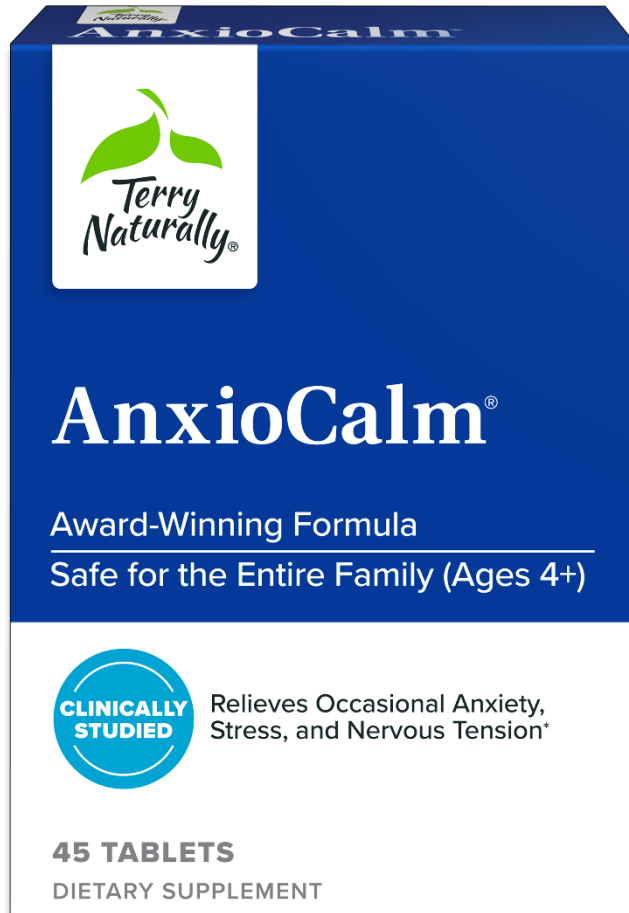
**Daily Value (DV) not established.

Foundational Mental Health Support For Everyone



Clinically Proven Results

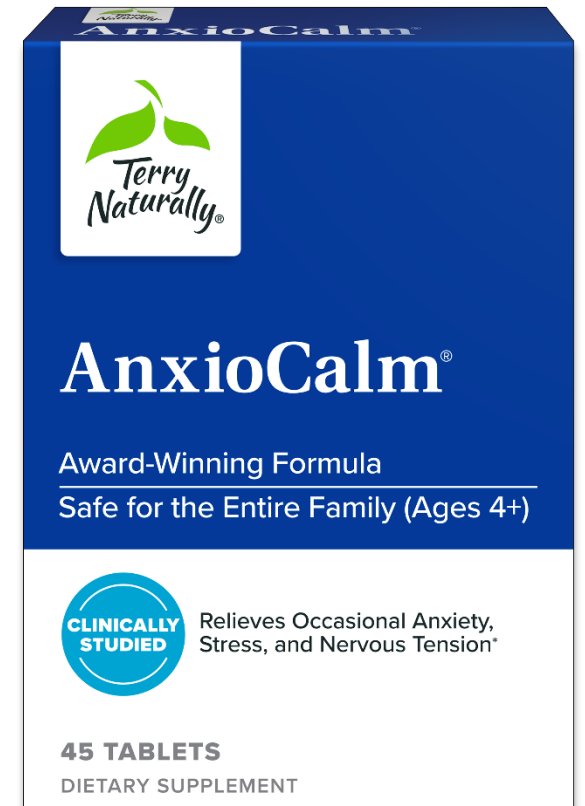
Seven published studies including 3 human clinical trials



- **Effects on the first day** – results improve with continued use
- **No significant adverse effects** – safe for kids!
- **No known interactions** with prescription anti-anxiety medications

How to Recommend and Use

- Effectively relieves anxiety and nervous tension
- Use short-term or take daily for on-going support
 - Travel
 - Work
 - School
 - Any situation that increases anxiety and stress!
- Take before bedtime for more restful sleep





AnxioCalm

Relief of occasional anxiety, stress, restless sleep, and nervous tension*

- **Fast-acting**

- Results the first day, best effects after a week of use*

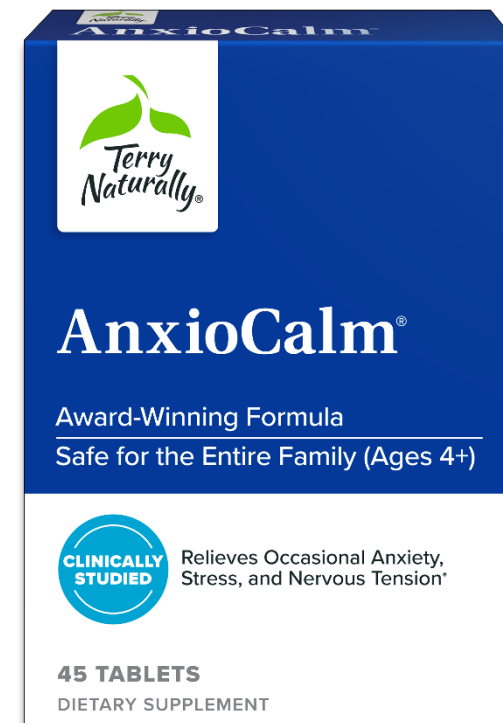
- **Primary mechanism of action: support for the endocannabinoid system**

- **No drowsiness**

- **Clinically proven benefits**

- After one day of AnxioCalm use, participants experienced a *significant* reduction on an anxiety measurement scale, which increased to a 25% reduction by day 7*

A Terry Naturally®
Top 10 Product!



SUPPLEMENT FACTS

Serving Size: 2 Tablets
Servings Per Container: 22

Amount Per 2 Tablets:	%DV
Narrow-leaved Coneflower 40 mg <i>(Echinacea angustifolia)</i> Root Extract (EP107™) standardized for echinacoside and a unique, proprietary alkamide profile	**

**Daily Value not established

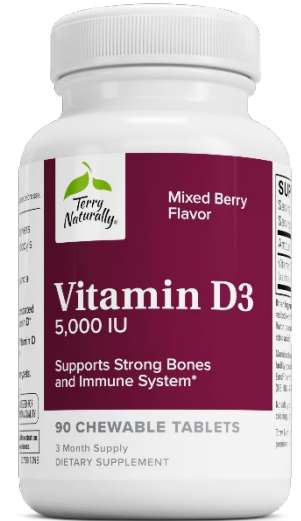
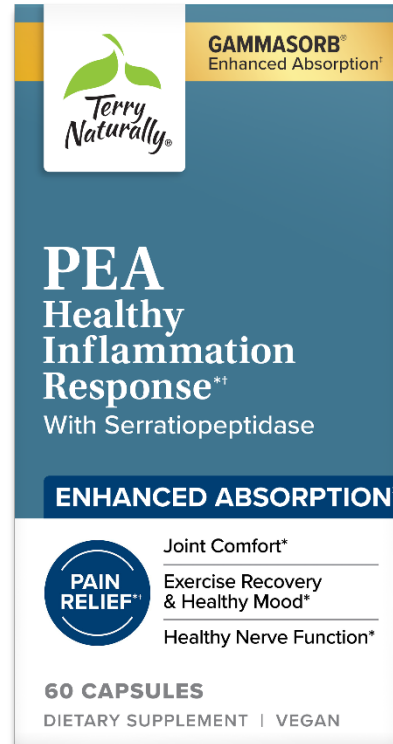
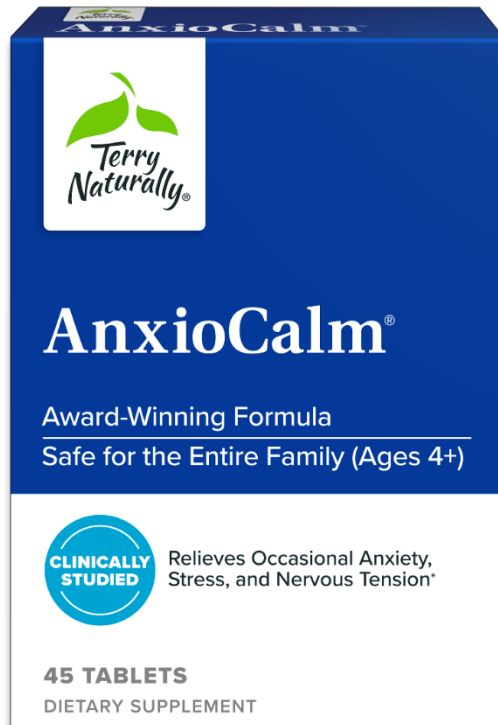
Recommendations: Adults: 1 or 2 tablets twice daily. May take at bedtime to support restful sleep.*

Children (ages 4-12): 1 tablet twice daily.

† Relieves occasional anxiety and stress

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Protocol for Anxiety



Saffron Lift + Curcumin

- **Proprietary blend of saffron/curcumin**
 - Saffron (EP15) from a patented extraction method to preserve full spectrum of active compounds
 - Benefits for mood in two weeks or less
 - BCM-95 curcumin has over 90 published studies including several on mood and mental function*
- **Clinically proven dosage**
- **Supports healthy neurotransmitter levels***

Recommendations: Take 1 capsule twice daily.

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SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per 1 Capsule (Veg):	%DV
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Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), supplying 215 mg of pure curcuminoids	250 mg **
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Saffron (<i>Crocus sativus</i>) Stigma Extract (EP15™)	15 mg **
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**Daily Value (DV) not established.

Dosage and Safety

- Clinically tested dose is 900 mg daily
- Does NOT need to be taken in divided doses – 900 mg once a day is effective
- St John's wort may interact with monoamine oxidase inhibitors (MAO or MAOI) or other drugs



St John's Wort 900



- **Once daily dosing**
 - Clinical proven daily dose in one tablet daily
 - Better compliance = Better Results
- **Standardized extract** to the recommended compound, hypericin
- **St John's wort has been used for decades for positive mood and emotional health***

Recommendations: 1 tablet daily in the morning. Results improve with continued use.

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SUPPLEMENT FACTS

Serving Size: 1 Tablet
Servings Per Container: 60

Amount Per 1 Tablet:		%DV
Total Carbohydrate	< 1 g	< 1% [†]
St. John's wort	900 mg	**
<i>(Hypericum perforatum)</i> Aerial Extract (EP900™) standardized to contain ≥ 0.3% hypericin		

** Daily Value (DV) not established.

[†] Percent Daily Values (DV) are based on a 2,000 calorie diet.

Protocol to Boost Mood

