



Age-Defying Formulas

 **GAMMASORB[®]**
Enhanced Absorption[†]

Resveratrol Complex

With BCM-95[®] Curcumin & Quercetin

ENHANCED ABSORPTION[†]

AGE DEFYING FORMULA[®] Promotes Youthful Cellular Health & Longevity*

60 CAPSULES
2 Month Supply
DIETARY SUPPLEMENT | VEGAN



Hair, Skin & Nail Essentials

Premium Beauty Formula

CLINICALLY STUDIED MAQUI BERRY with Biotin, Millet Seed Oil, Silica, & other nutrients to enhance your natural beauty*

60 SOFTGELS
DIETARY SUPPLEMENT



Omega-7

Moisturizes Skin From Head to Toe*
Relieves Dryness*



WHOLE BODY BENEFITS[®] powered by SB-150™
Sea Buckthorn

60 SOFTGELS
DIETARY SUPPLEMENT

Polyphenol-Rich Formulas



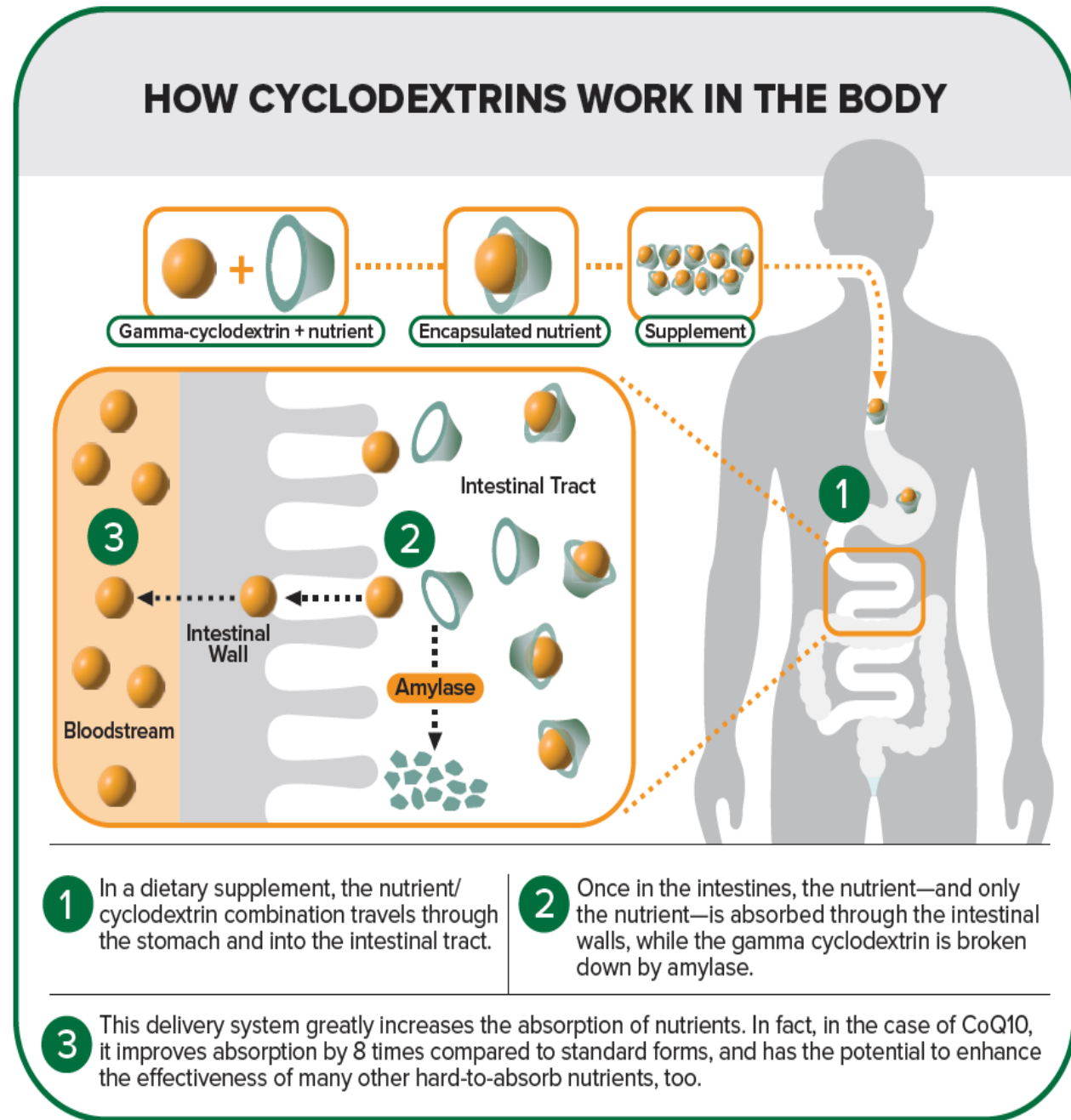
Two Berry Extracts with Potent Polyphenols: Maqui Berry and Aronia Berry

Three Powerful Polyphenols: Resveratrol, Curcumin and Quercetin



Absorption with Cyclodextrin

- Resveratrol, curcumin, and quercetin are recognized as being difficult to absorb
 - Resveratrol has some absorption issues and metabolizes quickly
 - Curcuminoids absorption can be so low as to be undetectable
 - Quercetin absorption varies from 3-17%
- Gamma cyclodextrin improves absorption of poorly soluble nutrients
 - resveratrol in a complex with gamma cyclodextrin also showed preserved antioxidant ability



Resveratrol Complex

- **Concentrated, active form of resveratrol, plus enhanced absorption BCM-95[®] curcumin and plant-sourced quercetin**
 - All have potent **antioxidant activity** to protect against free radicals*
 - All support activity of **SIRT1 (sirtuin-1)**, also known as the “longevity gene”*
- **Ideal for cellular health and longevity, cardiovascular health, and healthy aging***
- **With Gammasorb[®] for enhanced absorption**



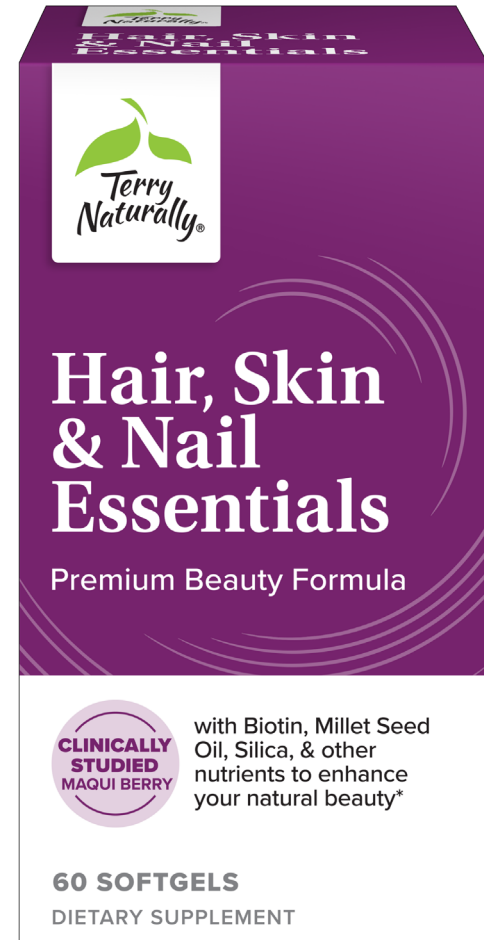
SUPPLEMENT FACTS		
Serving Size: 1 Capsule		
Servings Per Container: 60		
Amount Per 1 Capsule (Veg):		%DV
Proprietary Complex	250 mg	**
Containing Trans-Resveratrol [from Japanese knotweed (<i>Polygonum cuspidatum</i>) roots], Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Quercetin [from Japanese pagoda tree (<i>Sophora japonica</i>) flower buds]		
**Daily Value (DV) not established.		

Recommendations: 1 capsule daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.



Healthy on the Outside



3 Keys for Healthy Hair, Skin and Nails

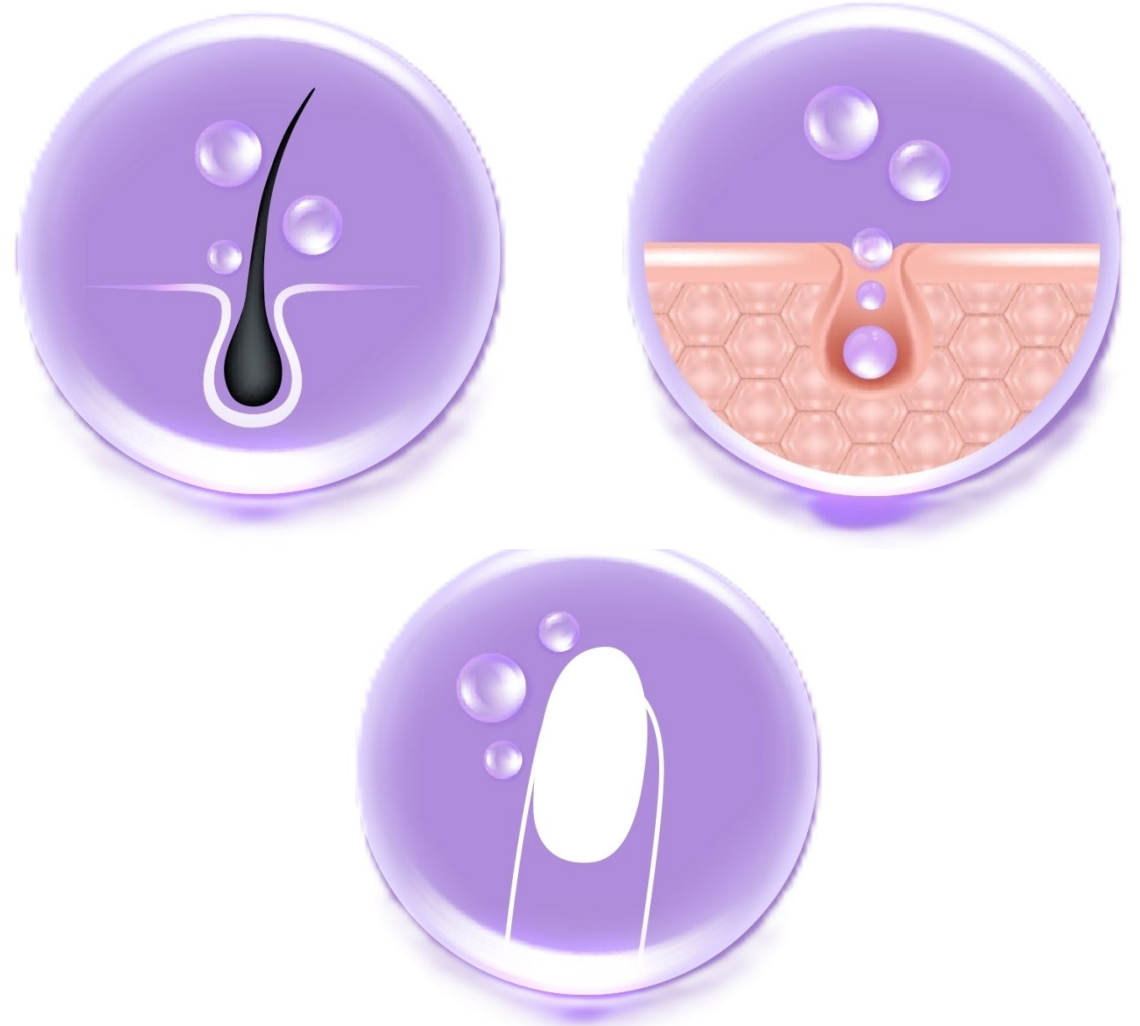
Protect Against Oxidative Stress/Free Radicals

Preserve Collagen

(structural support for skin and connective tissue)

Promote Keratin

(building block for hair, skin and nails)



Maqui Berry from Patagonia

- Grows wild in the southernmost tip of South America (Chile) in extreme weather conditions
 - High levels of sun exposure
 - Wide temperature swings
- Hand-harvested
- Careful preparation preserves the polyphenol content and yields an extract standardized to a specific types anthocyanidins, **delphinidins**

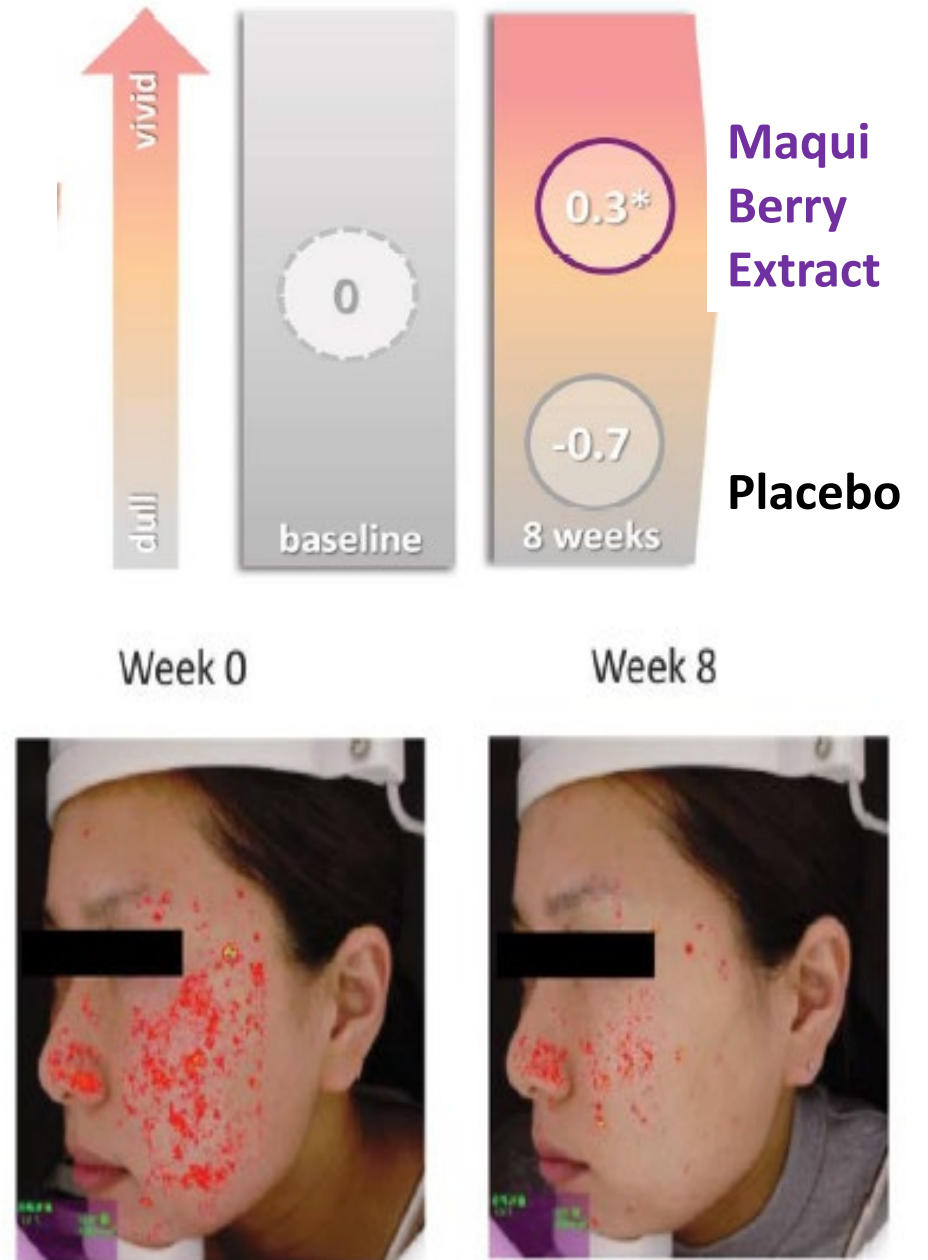


Delphinidins: Powerful Health Benefits

- Maqui berry is the most concentrated source of **delphinidins**
 - Also found in Concord grapes, currants, bilberries and eggplant
 - Gives fruits and flowers a blue/purple color
- Most potent antioxidant effects of the anthocyanidins

Maqui Berry Clinical Trial

- 16 healthy women
- Randomized, double-blind, placebo-controlled study for 8 weeks, evaluating skin brightness and red spots
- 60 mg maqui berry extract daily
- Results: significant increase in skin brightness and a decrease in red spots
- Additionally, older participants saw an increase in collagen



Additional Nutrients for Hair, Skin and Nails

Deficiencies in key nutrients can lead to thin, brittle hair and nails, and dull skin

- **L-cysteine** and **L-methionine** are amino acid building blocks for keratin, which forms hair, nails, and the skin's outer layer [epidermis]
- **Biotin** firms up brittle hair and nails
 - 25% increase in nail plate thickness after supplemental biotin
- **Vitamins A, E, Riboflavin, B6 [as P-5-P], folate** and **pantothenic acid** are required nutrients for hair and nail growth
- **Zinc** keeps hair follicles healthy and is a cofactor for collagen production
- **Silica** supports collagen production and keeps skin strong and supple



Hair, Skin & Nail Essentials

- **Featuring clinically studied maqui berry extract**
 - Standardized for delphinidin content
 - Improves skin brightness and appearance
- **Additional premium nutrients**
 - Standardized aronia, millet oil, and horsetail extracts
 - Bioactive B6 (P5P) and preferred form of folate
 - Plus key vitamins, minerals, and amino acids
- **Supports thicker, healthier hair, youthful skin, and healthy nail growth***

Recommendations: 2 softgels daily.



SUPPLEMENT FACTS		
Serving Size: 2 Softgels		Servings Per Container: 30
Amount Per 2 Softgels:	%DV	
Calories	10	
Total Fat	1 g	1%†
Vitamin A (as retinyl palmitate)	1,200 mcg (4,000 IU)	133%
Vitamin E (as d-alpha and mixed tocopherols)	30 mg (45 IU)	200%
Riboflavin (Vitamin B2)	4 mg	308%
Vitamin B6 (from pyridoxal-5-phosphate)	20 mg	1,176%
Folate (from calcium-l-5-methyltetrahydrofolate)	680 mcg DFE	170%
Biotin (as d-biotin)	5,000 mcg	16,667%
Pantothenic Acid (from d-calcium pantothenate)	20 mg	400%
Zinc (from zinc gluconate)	10 mg	91%
Millet (<i>Panicum miliaceum</i>) Seed Oil (CO ₂ Extraction) standardized to contain ≥ 4 mg of miliacin	400 mg	**
Horsetail (<i>Equisetum arvense</i>) Aerial Extract standardized to deliver ≥ 7 mg of silica	100 mg	**
L-Cysteine	100 mg	**
L-Methionine	100 mg	**
Maqui (<i>Aristotelia chilensis</i>) Berry Extract standardized to ≥ 40% total phenols and ≥ 25% delphinidins	60 mg	**
Aronia (<i>Aronia melanocarpa</i>) Berry Extract (AB40™) standardized to ≥ 40% total polyphenols	50 mg	**

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Healthy Inside and Out



Sea Buckthorn Restores Moisture – Inside and Out

Over 200 beneficial compounds, but valued for its high levels of **omega-7 (palmitoleic acid)** found in oil from the berry

How does it work?

- Antioxidant
- Immune system
- Cardiovascular
- **Mucous Membrane Tissue Support**



Effects on Skin

- Omega-7 supplementation has been shown to increase skin elasticity while reducing surface roughness, wrinkle volume, and wrinkle severity
- In a clinical study in older women (average age 61) supplementation with omega-7 from sea buckthorn oil significantly increased skin hydration and elasticity, and reduced skin roughness

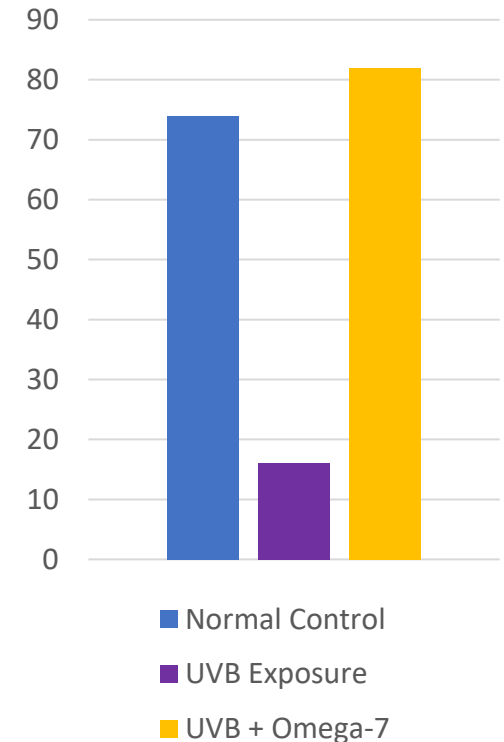
Three Month Trial

48% Increase in
Skin Hydration

25% Increase in
Skin Elasticity

10% Decrease in
Skin Roughness

Water Content of Epidural Skin Layer
12 weeks after UVB exposure
(animal model)



Omega-7

Omega-7 Dry Eye Relief*

- **Rare Omega-7 Fatty Acid**
 - Sea buckthorn oil contains higher levels of omega-7 than any other food source
 - Supercritical CO₂ extraction – no harsh solvents
 - Fish sources use harsh extraction methods
- **For multiple body systems**
 - Supports mucous membranes in the mouth, eyes, and GI tract as well as supporting heart function*
 - Relieves skin dryness*

**150 mg of Omega-7
in every softgel!**

Recommendations: 1 softgel daily. For advanced support, may take 1 softgel up to four times daily.

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SUPPLEMENT FACTS

Serving Size: 1 Softgel

Servings Per Container: 60

Amount Per 1 Softgel:	%DV
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Calories	5	
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Total Fat	0.5 g	< 1%†
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Proprietary Blend	500 mg	**
Containing Sea Buckthorn (<i>Hippophae rhamnoides</i>) Berry Pulp and Seed Oil (SB-150™) via CO ₂ extraction providing 150 mg of omega-7		

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