Unique, Patented Nasal Powder Spray Relieves Symptoms Without Side Effects!

FastBlockAllergy.com

Exclusively From: Terry Naturally
WHAT IS FASTBLOCK™ ALLERGY RELIEF?
FastBlock Allergy Relief is unlike any other treatment for allergies. It's not a liquid. It's not an antihistamine or steroid. It's the WORLD'S ONLY DRUG-FREE POWDER ALLERGY SPRAY. But unlike liquid nasal sprays or oral medications, FastBlock Allergy Relief doesn’t cause drowsiness, irritate the nasal passages, or cause unpleasant side effects.

FastBlock Allergy Relief is clinically proven to deliver fast, effective protection against mild allergies and hay fever caused by airborne allergens such as pollen, dust mites, and animal dander. It’s a patented device that distributes a fine cellulose powder into the nasal passages, coating the allergy receptors in the nose where airborne allergies attack.

WHO SHOULD USE IT?
Anyone suffering from hay fever or allergies caused by airborne allergens can use FastBlock Allergy Relief. Whether from seasonal allergies and hay fever or everyday allergies to pets, or dust mites—it will relieve symptoms such as sneezing, sinus congestion, and runny, itchy nose. Because FastBlock Allergy Relief is completely safe, it’s suitable for children as young as 18 months along with older adults and pregnant or nursing women. It’s easy to use and can be repeated as needed.

WHO WILL IT HELP?

Nasal Allergies affect over 50 million people in the United States.
Source: Asthma and Allergy Foundation of America

According to the CDC, in 2012 there were 17.6 million people diagnosed with hay fever.
Source: American College of Allergy, Asthma, and Immunology

Roughly 10 million adults and children who have pets are actually allergic to them.
Source: American College of Allergy, Asthma, and Immunology

More than 13.4 million annual visits to physician offices, hospital outpatient departments and emergency rooms were due to allergic rhinitis.
Source: American College of Allergy, Asthma, and Immunology
INDICATIONS
Relieves mild allergic symptoms of hay fever and allergic rhinitis: sneezing, itchy nasal passages, runny nose, and sinus congestion.

HOW DOES IT WORK?
FastBlock Allergy Relief works with the body’s own defense mechanisms to strengthen resistance to airborne allergens. The unique delivery system administers a fine powder spray into the nasal passages, allowing the cellulose powder to mix with the natural moisture in your nose to form a protective, gel-like barrier. This barrier prevents airborne allergens from coming into contact with the allergy receptor sites in the nasal passages, thereby avoiding an allergic reaction.

Over 20 positive clinical trials with statistically significant results have been conducted on FastBlock Allergy Relief. It’s proven to effectively relieve symptoms such as sneezing, runny, itchy nose, and sinus congestion.

Q. Do I need to worry about interactions with drugs or supplements?
A. No. FastBlock Allergy Relief contains no antihistamines, steroids, or any other form of drug.

Q. When should I use FastBlock Allergy Relief?
A. You can use FastBlock Allergy Relief as a preventive when pollen counts are high, as soon as you notice symptoms, or if you know you’ll be in an environment with airborne allergens. The patented powder and delivery system of FastBlock Allergy Relief has been clinically proven to be effective—without the jitteriness, drowsiness, or other side effects of antihistamines, steroid drugs, and medications.

Q. Why does each spray of FastBlock Allergy Relief smell like peppermint?
A. The light peppermint smell lets you know that you’ve successfully sprayed it into your nose and that it is going to work to block allergens.

Q. Can I use FastBlock Allergy Relief more than three times a day?
A. Yes. It can be used as often as needed. But chances are you’ll need to use it less often as the season goes on because clinical research has shown that FastBlock Allergy Relief becomes more effective with continued use at the same standard dosage throughout the season.

Q. Can children use FastBlock Allergy Relief?
A. Yes. Children 18 months and older can use FastBlock Allergy Relief.

FastBlock™ Allergy Relief patented delivery system
Significantly Reduces Grass Pollen Allergy Symptoms

**RESULTS**

- Highly significant reduction in allergy symptoms: sneezing, stuffy or runny nose, irritated eyes
- 87% of participants taking FastBlock Allergy Relief rated their treatment as “good” or “very good” versus only 24% in the placebo group

- Double-blind, placebo-controlled study
- 108 patients (ages 18-40) with a history of seasonal allergies
- 4-week study during grass pollen season
- Participants used three puffs of FastBlock Allergy Relief daily or 3 puffs of a placebo (lactose powder)
- At the end of each day, participants rated the severity of their allergy symptoms
- Results demonstrated a significant reduction in allergy symptoms by the participants using FastBlock Allergy Relief

Reducer Symptoms of House Mite Dust Allergy

**RESULTS**

- Significant improvement in symptom score for participants using FastBlock Allergy Relief
- Two and a half times more participants saw a significant reduction in their allergy symptoms when using FastBlock Allergy Relief than when using the placebo

- Double-blind, placebo-controlled crossover trial
- 15 participants with known sensitivity to house dust mite allergen
- In phase one of the test, each participant was treated with either FastBlock Allergy Relief or a placebo powder and then exposed to house dust mite allergen; patients were not told which treatment they received
- Allergy symptoms were recorded at regular intervals for 24 hours after exposure to house dust mites
- A week later the test was repeated with the treatment the patient did not receive in phase one
- Use of FastBlock Allergy Relief was associated with a reduction in sneezing, itching and runny nose, and less nasal congestion
**RESULTS**

- Effectively reduced allergy symptoms in children
- Particularly effective in reducing sneezing and runny nose
- No adverse effects

- Double-blind, placebo-controlled study
- 53 children ages 8–18 years of age
- 4-week study during springtime allergy season
- Participants used one puff of FastBlock Allergy Relief three times daily, or placebo
- A significant reduction in total symptom scores from the nose, especially for runny nose, was experienced by the children using FastBlock Allergy Relief; no significant adverse effects were reported

**Implements Quality of Life for Hay Fever Sufferers**

- Statistically significant reduction in itchy nose, runny nose, sneezing, and nasal congestion
- Improvement experienced after the first administration of FastBlock Allergy Relief
- Participants also reported better sleep, better mood, and reduction in allergy symptoms

- 30 people with weed allergy (pollen, ragweed, and plants in the sunflower family)
- Group 1 received standard allergy treatment
- Group 2 received standard allergy treatment plus FastBlock Allergy Relief (3 times per day)
- 4-week study
- The participants in Group 1 receiving standard allergy treatment had a statistically significant improvement in runny nose and congestion only, and no improvement in quality of life measurements
- The participants in Group 2, who received standard allergy medication plus FastBlock Allergy Relief, had better improvement of their allergy symptoms as well as improvement in many quality of life measurements, including sleep and mood

**Blocks Allergens**

- Blocked the penetration of dust mite allergens
- Reduced the body's overall allergen load

- In vitro test of the ability of FastBlock Allergy Relief to block the passage of dust mite allergens
- Amount of allergen to reach the test solution was less than 20 ng/ml for five hours after exposure
- Without FastBlock Allergy Relief, the allergen content was almost 100 ng/ml one hour after exposure

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Dynamics of allergic rhinitis symptoms among patients who received FastBlock™ Allergy Relief. Penechko Em, Siyakina LP, Russian Allergy Journal. 2011

Amount of Der p 1 (dust mite allergen) penetrating a 1.5 mm thick HPMC gel layer compared to control (no barrier). Diethart, Emberlin, Lewis. Presented as a Poster at EAACI XXVII Congress, Barcelona, Spain 7–11 June 2008
**Use of Cellulose Powder for the Treatment of Seasonal Allergic Rhinitis**


**Open Clinical Trial**

Josling, Steadman. Participants were instructed to use one puff in each nostril of FastBlock Allergy Relief. Drug treatment was allowed if a full hay fever attack occurred. Participants kept a diary documenting the effectiveness of the powder (a score of 5 represents no symptoms and complete control) and average time to relieve symptoms.

102 participants
66 female, 36 male
Average age: 44

Overall average daily score was reported as 3.85 (on the 5 point scale) for men and women indicating a minimum 77% success rate in chronic hay fever sufferers. Only 12% of volunteers recorded a daily average score under 2.9 revealing a higher score than all pharmaceutical alternatives that were used by participants. Relief was obtained within 0.1-3 hours.

**Clinical study of FastBlock Allergy Relief for relief of allergy symptoms including sneezing, runny nose, itchy and watery eyes**


**Open Clinical Trial**

Vlahis, K. The product was used once a day, usually in the morning or shortly before the known time of day when symptoms usually appear. One application per nostril. Evaluation at time 0, 3 weeks and 4 weeks. Trial took place from December 2003 till March 2004 to examine participants that were perennial or chronic allergy sufferers rather than seasonal sufferers.

40 participants
24 female, 16 male

All participants were using a pharmaceutical treatment (Decongestant 35%, corticosteroids 42.5%, antihistamines 2.5%, corticosteroid/antihistamine combination 20%) at the beginning of the study. Participants were asked to discontinue use of this medication during the study. After 3 weeks of use, 85% of participants realized improvement in their allergy symptoms. After 6 weeks of use, 93% of participants realized improvement in their symptoms. No reported side effects.

**Measure of improvement in nasal mucociliary clearance and PNIFR (peak inspiratory flow rate) in children with allergic rhinitis**

Presented at World Allergy Congress in Munich, Germany June 2005

**Published in Nea Pediatria Chronica, June 2005, Vol 5 no 2. Open Clinical Trial**

Aivazis, Bourli, Maratou et al. Conducted at the University of Thessaloniki, Greece. The mucociliary clearance was determined with use of a non-invasive dye (Edicol Orange 3% + CaHPO42H2O 97%) in vivo. The participant's mucociliary clearance was measured prior to using FastBlock Allergy Relief and then 2 days after finishing the 6-week treatment.

100 participants
Average age: 8.2
Age range: 1.5–8.2

There was significant improvement in Nasal Mucociliary Clearance (reduced from 39 minutes to 18.15 minutes) and PNIFR values. The average clearance time was reduced from 55.23 minutes to 21.2 minutes. Out of the 51 children who started the trial with abnormally prolonged clearance, all but 5 children had improved nasal mucous clearance times. No adverse effects were reported.

**A double-blind placebo-controlled trial of inert cellulose powder for the relief of symptoms of hay fever in adults**

**Current Medical Research and Opinion 2006;22(2):275-85**

**Poster presented at World Allergy Congress, Munich 2005**

Emberlin, Lewis. A double-blind, placebo-controlled trial in 2004. Participants could take any other medication along with FastBlock Allergy Relief or the placebo.

97 participants
57 female, 40 male
Average age: 18+

The amount of rescue medication used by the placebo group (overall and in individual categories e.g antihistamines, nasal sprays and eye drops) was significantly greater than that used by the active (FastBlock Allergy Relief) group. No significant difference found in the symptom scores for the two groups. FastBlock Allergy Relief significantly reduced the need for rescue medication. No adverse effects were reported.

**A double-blind placebo-controlled cross over trial of inert cellulose powder, by nasal provocation with grass pollen to assess efficacy of the product in controlling symptoms of hay fever**

**Presented as a Poster EAACI, Gothenburg June 2007**

**Current Medical Research and Opinion; Vol 23; No 10; 2007, 2423-2431**

Emberlin, Lewis. A trial of FastBlock Allergy Relief by nasal provocation with grass pollen (350 grains per cubic meter). At baseline and at regular intervals after challenge scores were taken for 6 symptom categories, measures were taken of nasal peak inspiratory and expiratory flow and eosinophil cationic proteins (ECPs) were tested for in nasal secretions.

11 participants
Age range: 18+

FastBlock Allergy Relief had significant effects in reducing symptoms of sneezing and itchy eyes (p<0.01) due to grass pollen allergy. Results indicate that use of FastBlock Allergy Relief can help to alleviate symptoms of hay fever.

**Efficacy and safety of medical device FastBlock Allergy Relief in prevention and treatment of persistent allergic rhinitis in adults and children**

Presented at Moscow XVI Congress for Man and Drugs April 08-10, 2009

**Zakharchenko, Sidorenko, Truskonov and Karaulov at the Sechenov Medical Academy, Moscow. The paper describes the findings of an open, non-comparative clinical study of efficacy and safety of FastBlock Allergy Relief in prevention and treatment of persistent allergic rhinitis (AR). Participants were administered FastBlock Allergy Relief 3 times per day over the course of 4-weeks.**

48 total participants
25 adults, 23 children
Age range: 2–62

The severity of AR symptoms and the tolerability of the product were assessed during each visit to the investigator. The results showed that FastBlock Allergy Relief reduces the severity of AR symptoms in the first week of treatment and overall there was significant improvement in symptom reduction by week 4. A twofold improvement in the quality of life of the AR patients was recorded. The researchers concluded that FastBlock Allergy Relief is an effective and safe method of prevention and treatment of allergic rhinitis both in adults and children.

**A nasally applied cellulose powder in seasonal allergic rhinitis (SARI) in children and adolescents; reduction of symptoms and relation to pollen load**

**Presented EAACI London 2010**

**Published Paediatric Allergy and Immunology 22 (2011) 594-599 (2011)**

Åberg and Benson. Conducted at the Queen Silvia Children’s Hospital, Gothenburg, Sweden in 2009. A double-blind, placebo-controlled trial. All participants were on daily oral antihistamine appropriate for their age and FastBlock Allergy Relief 3 times daily. Reporting of symptoms and reminders were done by SMS.

53 participants
Age range: 8–18

There was a significant reduction in total symptom scores for the nose (p=0.033) and specifically a runny nose (p=0.0017). There was a tendency for all symptoms scores to lower for the active group. During low or moderate pollen count there is a significant reduction in total nasal symptom and runny nose along with sneezing severity.

**Intranasal Inert Cellulose Powder in Prevention and Management of Seasonal Allergic Rhinitis (SARI) in children**

Presented as a Poster in EAACI London 2010.

Gegpe, Snegotskaya, Kolosova, Kompleko. The study took place at the Clinic of Child Diseases at the I.M Sechenov Moscow Medical Academy in 2009. An open comparative, randomized study. Participants divided into 4 groups depending on their current treatment. Each group received a different medication. Group 1: FastBlock Allergy Relief twice a day. Group 2: Montelukast 5 mg once a day. Group 3: 2 doses of 50 mg Sodium Cromoglicate. Group 4: Budesonide 50 mg 3-4 times a day.

50 participants
Age range: 8–18

26 patients demonstrated positive results from the very first application of FastBlock Allergy Relief. After 6 weeks treatment, Group 1 demonstrated a significant decrease (all p<0.001) of all SAR symptoms: runny nose, sneezing, nasal blockage, nasal itching, eye itching, nasopharyngeal itching.

Children using FastBlock Allergy Relief decreased frequency of use of antihistamine, decongestants and topical steroids. FastBlock Allergy Relief has minimal side effects and is appropriate for children.
If you blow your nose, use FastBlock Allergy Relief again to re-establish the barrier.

If you choose to use FastBlock Allergy Relief only when you know you will be encountering allergens (such as mowing the lawn or visiting a home with pets), apply FastBlock Allergy Relief beforehand to establish the barrier.
“Previously, I had used both eye drops and nasal sprays for my hay fever. I had to give those up due to breast feeding and switched to FastBlock Allergy Relief since it is drug-free. I only used it in the morning, and it relieved my symptoms a lot. I would recommend it!” — J. A.

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“I have hay fever during the summer months, and in the past have tried all the usual antihistamines. I tried FastBlock Allergy Relief—it worked within a few minutes! I felt it was better than other allergy solutions because of the speed of relief, how long the relief lasted and it is drug-free! I don’t feel like I’m constantly taking drugs anymore. It offered considerably more relief than everything I’ve taken in the past, and I will be recommending it!” — Wendy P.

“I have suffered with allergies for a long time in the summer, and found it manageable by using a general antihistamine (which didn’t really do much). FastBlock Allergy Relief worked quite fast—I felt relief of symptoms within about 15 minutes, and found it better because it worked more quickly than a pill.” — C. O.

“I have had hay fever since the age of ten, along with allergies to animals and dust. Once I started using FastBlock Allergy Relief for a while, the effect was more or less instant and gave me complete relief from symptoms. I use it about every other day, or whenever the need arises. Previously I used prescribed nasal sprays and general antihistamines, but I feel FastBlock Allergy Relief is easier to use, and I like that I don’t have to remember if I’ve had a dose or not, like I needed to recall with the tablets. Now that I’m breastfeeding, the fact that it is drug-free is a definite advantage!” — Sara R.

“I liked that FastBlock Allergy Relief was easy to use, and I felt quicker relief of symptoms. I recommended it to my father, and he has also used it with great results.” — Sally B.

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